"Thanks to NeoTonus, I have more freedom"

A complete program

Peninsula Gynaecology offer you a complete program to set you free from the embarrassment of mishaps without the nuisance and financial drain of expensive pads.

The NeoTonus chair can cure or significantly help the majority of patients.

If further therapy is still required, then Dr Marshall will discuss the surgical options with you. Having had the pelvic floor chair therapy, your pelvic floor tissues should be stronger, and in optimum condition for surgery.

To maintain your new found freedom Peninsula Gynaecology can also refer you to a pelvic floor physiotherapist who can teach you simple exercises to help maintain the new, enhanced strength of your pelvic floor muscles.
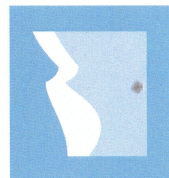

Frankston Private Hospital

George Pentland Botanic Gardens

Williams St

Hastings Rd

Monash University Peninsula Campus

WE ARE HERE ⇨

Moorooduc Hwy

⇦ Frankston

Foot St
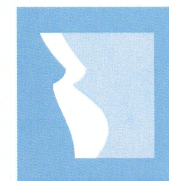
Winifred St

Vera St

Located at:

Suite 3
7 Foot Street
Frankston 3199

Call for appointments and further information:

Dr Brett Marshall
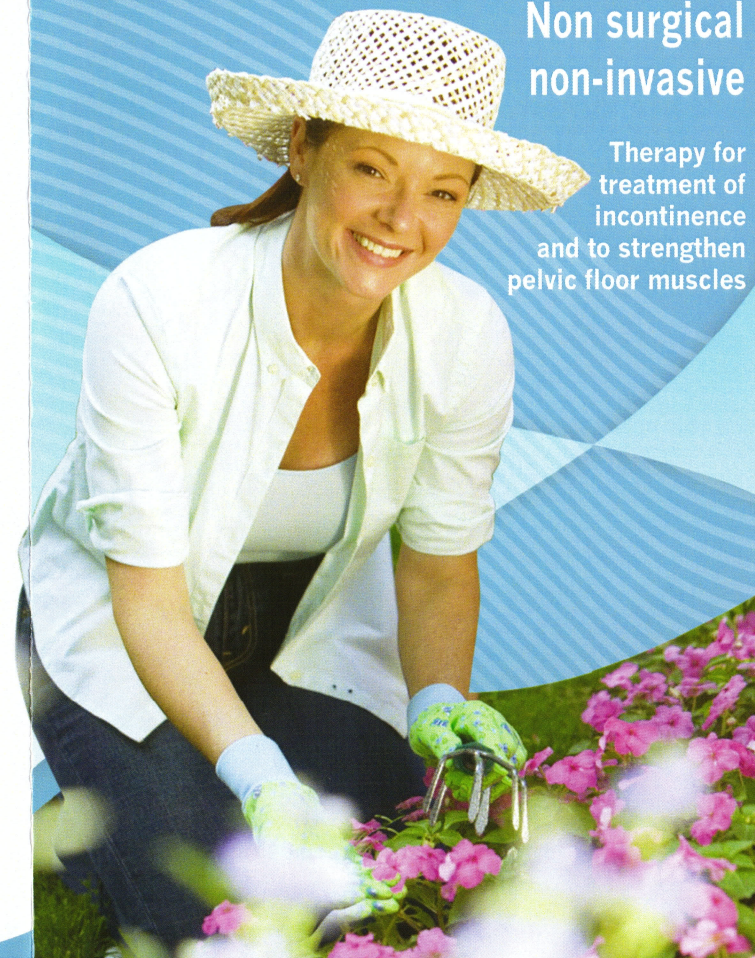Gynaecologist
Tel: **(03) 9776 6411**

Peninsula Gynaecology

Peninsula Gynaecology

Incontinence & Prolapse Therapy

Non surgical non-invasive

Therapy for treatment of incontinence and to strengthen pelvic floor muscles

About NeoTonus therapy

NeoTonus is a non-surgical, non-invasive therapy for the treatment of incontinence. This therapy is suitable for patients who suffer from incontinence caused by a weakening of the pelvic floor muscles. Unlike any other therapy, NeoTonus exercises all the muscles of the pelvic floor and modulates the pelvic nerves to rebuild strength and endurance, re-establishing bladder control. There are no patches, no probes, and no pain.

Treatment consists of sitting fully-clothed in a chair for 20 minutes. While undergoing therapy you can read a magazine or a book, listen to music or just relax quietly.

This woman is not waiting for treatment...

She is having it
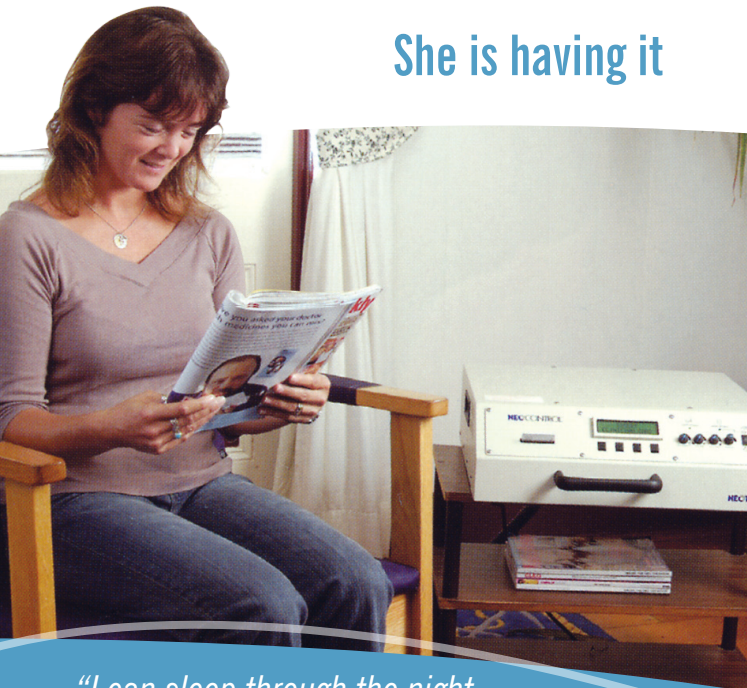
How can I get treatment?

A referral from your GP is required for an appointment with Dr Brett Marshall. At this consultation you will be assessed for your suitability for treatment with the NeoTonus chair. At this appointment, you will be shown the chair and given a trial run (when possible).

The condition no-one talks about.

You cough, laugh too hard or walk too far. Then it hits you – the loss of bladder control! If you're experiencing incontinence you are not alone.

Urinary incontinence affects up to 37% of Australian women and contrary to popular belief, it is not a problem exclusively related to aging.

Extensive trials of the NeoTonus in the United States have shown higher than 80% success with patients, 70% of whom were using pads. Now it is in Australia, bringing similar freedom to long term sufferers.

How does it work?

NeoTonus is based on a technology called Extracorporeal Magnetic Innervation. This technology produces highly focused pulsing magnetic fields. You sit fully clothed in a comfortable NeoTonus chair, allowing the therapeutic fields to be easily aimed at the muscles of the pelvic floor that control continence. These muscles contract and relax with each magnetic pulse. You simply sit and relax.

The therapy is completely painless. Nothing other than the chair ever touches you. You'll feel a small vibration or tapping while sitting in the chair. You'll even be able to feel your pelvic floor muscles contracting. After the therapy, your muscles may feel a little sore, but it's not much different than how you would feel after any light workout.

How long does it take?

You will be allotted appointment times that suit you, and upon arrival there should be little or no delay. You can then sit back in the NeoTonus chair and relax. Each session will be monitored.

A total of 16 treatment sessions are usually required. Each session takes about 20 minutes and you normally attend twice a week for eight weeks.

Contraindications

Contraindications for treatment include pregnancy, cardiac pacemaker, implantable cardioverter defibrillator, metallic implants such as metal plates/implants that were used up until 20 years ago (modern stainless steel implants are suitable), and the copper IUD.