

# **BRETT J MARSHALL**

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## **PRE-OPERATIVE ADVICE SHEET**

This advice sheet is provided by Dr Marshall as part of our comprehensive operation booking process.

### **Please ensure that you have received the following paperwork:**

1. Admission Details/Estimate of Medical Fees.
2. Hospital Admission forms "Elective Admission Package".
3. Anaesthetic Fee information
4. Literature regarding your planned operation.
5. An account for the gap payment of your surgical fees.
6. A pathology request form – for pre-operative blood test.
7. A post operative appointment.

**NO smoking for one week prior to surgery.**

**Are you a diabetic? If yes, tablets or insulin?  
("FLOZIN" medications need to be ceased 3 days pre-operatively).**

**NO Aspirin, Disprin, Asasantin, Cartia or non steroidal anti-inflammatory medication (i.e. Nurofen/ Voltaren etc.) for 10 days prior to surgery. (Panadol & Panadeine are ok for pain relief).**

**No Fish oil, ginko, ginseng, or ginger tablets for ten days prior to surgery.**

**Have you ever had vascular/ cardiac surgery or do you have a vascular/ cardiac stent?**

**ADVISE DR IMMEDIATELY IF YOU TAKE ANTI-COAGULANT MEDICATION  
( Warfarin, Plavix, (Clopidogrel), Iscover ,etc.)**

**If you are LATEX-SENSITIVE or have other allergies, please advise Dr Marshall's rooms immediately.**

**Do you have a lap band or have you had gastric sleeve surgery?**

**Do you have a pacemaker?**

**Do you have sleep apnoea?**

**Do you have any other condition that we need to know about?**

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**CHECKLIST                      Prior to admission – Please:**

1. Check with your Health fund that you are covered for hospitalisation at the relevant hospital (including the serving of any qualifying period). Please be aware that some levels of cover have exclusions of some item numbers. **Please check that bed and theatre fees will be covered by fund.**
2. If this surgery is within the qualifying period of you joining your fund, you will need to get documentation to support your claim for cover. This is your responsibility to organise.
3. Complete your hospital admission paperwork 2 weeks prior to admission.  
  
This can now be done online at **mycare.ramsayhealth.com.au** If you do this online, you do still need to **take your consent form to the hospital on admission.**  
  
If you prefer to fill in the paper version, please complete all pages of the hospital “Admission Information Booklet” and forward this to the hospital 2 weeks prior to admission. (Please do not send any other paperwork to the hospital).
4. Contact the anaesthetist’s rooms regarding costs. – see yellow forms.
5. Ensure that Dr Marshall’s gap account is paid to the rooms prior to admission.
6. Attend my rooms two days prior to surgery, for your blood test. Pathology is open between 9.00 and 4.30 pm Mon –Fri.
7. You may wish to shave/ wax yourself prior to admission. Not all procedures require this so please check with my secretary first.  
  
 Above the pubic bone.  
  
 Clip Vulval/ perineal hair as short as possible  
  
 Groin Shave
8. Some procedures require the use of a Microlax enema the night prior to surgery. This should be purchased from the Chemist. A prescription is not required.
9. On the day of admission please shower yourself with soap before going to hospital. If you are having a laparoscopy, pay special attention to the umbilicus (belly button), removing any fluff and debris. Gamophen anti-bacterial soap is recommended. Remove any belly button jewellery if possible.
10. Please ensure that you have someone to collect you from hospital as you may not drive after general anaesthetic.

**Please do not hesitate to contact the rooms if you have any queries before or after your surgery.**

Brett Marshall

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