

BRETT J MARSHALL

M.B.B.S., F.R.A.N.Z.C.O.G.

GYNAECOLOGIST

ENDOSCOPIC SURGERY

ENDOMETRIOSIS

267 Cranbourne Road

Frankston 3199

Tel: 9776 6411 Mob: 0418 543 453

Fax: 9775 5074 Pager: 9387 1000

www.drbrettmarshall.com.au

POST OPERATIVE GUIDELINES

SUBURETHRAL SLING PROCEDURE

1. You can expect to have a vaginal loss for a few weeks. This may range from a watery loss to moderate bleeding but is usually minimal.
2. Please use pads and not tampons, for the first 2-3 weeks.
3. Please avoid intercourse for four to six weeks.
4. Avoid constipation. Use a mild natural laxative as necessary in the first few days.
5. You may return to light normal daily activities and driving after 2 weeks but no vigorous exercise for six weeks.
6. No heavy lifting or straining or gym for six weeks.
7. Shower as usual.
8. No swimming for the first 2-3 weeks.
6. You may take Panadol or Panadeine for pain relief.
7. If there are any problems, please ring me
 - a) Severe pain.
 - b) Very heavy bleeding,
 - c) Fever
 - d) Offensive vaginal odour.
 - e) Difficulty passing urine, burning or pain on urination, or abnormal leakage of urine.
 - f) Constipation.
8. Please arrange a review appointment with me in about six weeks time.